



ST. NICHOLAS COLLEGE  
NAXXAR BOYS' SECONDARY SCHOOL  
HALF YEARLY EXAMINATIONS 2015

TRACK  
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FORM 4

ENGLISH  
READING COMPREHENSION

**Read the following text and answer the questions in the main paper** (25 marks)

Millions of people in the world are affected by eating disorders. More than 90% of those afflicted are adolescents or young adult women. Although all eating disorders share some common symptoms, anorexia, bulimia, and binge eating each have their own symptoms and risks.

- 5 People who intentionally starve themselves suffer from anorexia. The disorder, which usually begins around the age of ten or later, involves a lot of weight loss. A lot of people with the disorder look extremely thin but they are still convinced that they are overweight. In patients with anorexia, starvation can damage vital organs such as the heart and brain. To protect itself, the body
- 10 starts working slower and slower. Anorexia leads to death from starvation, heart attacks, other medical complications, or suicide.

- 15 People with bulimia eat large amounts of food and then rid their bodies of the extra calories by vomiting or by exercising obsessively. Because many individuals with bulimia binge and purge in secret and maintain normal body weight, they can often successfully hide their problem for years. But bulimia patients damage their bodies by frequent binge eating and purging. As with anorexia, bulimia begins during adolescence. Eventually, half of those with anorexia will develop bulimia. The condition occurs most often in women but is also found in men.

- 20 Binge-eating disorder is found in about 2% of the general population. As many as one third of this group are men. This disorder differs from bulimia because its sufferers do not purge. Individuals with binge-eating disorder feel that they lose control of themselves when eating. They eat large quantities of food and do not stop until they are uncomfortably full. Most sufferers are overweight or obese and they have more difficulty losing weight and keeping it off than other people. Individuals with binge-eating
- 25 disorder have high rates of mental illnesses, especially depression.
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