

B. Complete the sentences with the correct form of the verb in brackets. 5 marks []

It _____ just _____ (1) (start) pouring heavily, and my sleep was interrupted by thunder roaring loudly outside my window. Flashes of lightning lit up my room when suddenly I heard the doorbell ring. I was so startled that I almost _____ (2) (jump) out of my skin. I reached out for my torch which lay on my bedside table. With my weapon in hand, I then _____ (3) (propel) myself to pluck up the courage and get out of bed. In a flash, I rushed to my parents' room, and found my father quickly _____ (4) (rub) his eyes, yawning unconvincingly, desperately trying to climb down the stairs cautiously. Like partners in crime, we approached the front door and discovered that two policemen in full uniform _____ (5) (stand) right outside our doorstep in the middle of a stormy night in December. We were speechless.

One of the officers gently requested to speak to my father who reluctantly invited them inside. They slowly informed us that a burglary _____ (6) (take) place in my father's jewellery shop in the centre of town. Still in shock, we listened attentively and _____ (7) (try) to take it all in. Luckily, passers-by witnessed the thieves as they _____ (8) (attempt) to get away before the arrival of the police since the alarm _____ (9) (blare) away. Fortunately, they managed to take note of the car number plate and informed the police. A couple of hours later, we found ourselves driving down to the police station because the police officers had successfully caught the thieves. It was a night that I _____ always _____ (10) (remember) but we were so relieved that it all ended well and nobody was injured in this attempted burglary.

C. Fill in with an appropriate word. The first one has been done for you. 10 marks []

Whether you are football crazy or **keen** (0) on tennis, working out to music can improve the co-ordination of your body and _____ (1). The suggestion that rock or pop music might ever _____ (2) a part in sports training would have been _____ (3) as a joke not so long ago. But today modern music is increasingly filling the gym as _____ (4) as the front room. The _____ (5) of exercise to music is not new. For years, especially in Eastern Europe, the benefits of sportsmen and sportswomen _____ (6) instruction in classical dance, with their stress on total body control and balance, have been _____ (7) recognised. Figure-skating and ice-dance are _____ (8) to music and can be said to be specialised

_____ (9) of this type of exercise. But ballet and classical dance can be applied to other sports that are also _____ (10) to the eye, such as gymnastics and skiing, both of which demand high standards of balance and co-ordination.

SECTION B: READING COMPREHENSION

(30 marks)

TEXT A Answer the following questions.

Underline the correct answer in Questions 1 to 9.

1. Fatalities occur in what percentage of people with anorexia nervosa? 1 mark []
 - a. 2%
 - b. 10%
 - c. 15%
 - d. 30%

2. Which of the following consequences do all the eating disorders mentioned in the passage have in common? 1 mark []
 - a. heart ailments
 - b. stomach rupture.
 - c. swollen joints.
 - d. diabetes.

3. According to the passage, people with binge-eating disorder are prone to all of the following except 1 mark []
 - a. loss of control.
 - b. depression.
 - c. low blood pressure.
 - d. high cholesterol.

4. Which is not a statement about people with eating disorders? 1 mark []
 - a. People with anorexia nervosa commonly have a blood-related deficiency.
 - b. People with anorexia nervosa perceive themselves as over-weight.
 - c. The female population is the primary group affected by eating disorders.
 - d. Fifty percent of people with bulimia have had anorexia nervosa.

5. People who have an eating disorder but nevertheless appear to be of normal weight are most likely to have 1 mark []
 - a. obsessive-compulsive disorder.
 - b. bulimia nervosa.
 - c. binge-eating disorder.
 - d. anorexia nervosa.

6. Glandular functions of eating-disorder patients slow down as a result of 1 mark []
 - a. lowering body temperatures.
 - b. excessive thirst and urination.
 - c. protective measures taken by the body.
 - d. the loss of essential minerals.

7. The inability to eliminate body waste is related to 1 mark []
- a. dehydration.
 - b. an inflamed oesophagus.
 - c. the abuse of laxatives.
 - d. weight-control programs.

8. According to the passage, which of the following is true of bulimia patients? 1 mark []
- a. They may demonstrate unpredictable social behaviour.
 - b. They often engage in compulsive exercise.
 - c. They are less susceptible to dehydration than are anorexia patients.
 - d. They frequently experience stomach ruptures.

9. Which of the following represent up to two-thirds of the binge-eating disorder population? 1 mark []
- a. older males
 - b. older females.
 - c. younger males.
 - d. younger females.

10. State whether the following statements are **True** or **False** and give a reason. 4 marks []

- a. Many individuals with eating disorders are at risk for suicidal behaviour.

True / False because _____

- b. Bulimia sufferers can often successfully hide their problem for years.

True / False because _____

- c. Individuals with binge-eating disorder are usually not overweight or obese.

True / False because _____

- d. Binge-eating disorder is found in a high percentage of the general population.

True / False because _____

11. Which phrase in the second paragraph shows that people with anorexia nervosa have problems to maintain an adequate body temperature? 1 mark []

12. List three points to describe how the body slows down in people suffering from anorexia nervosa. 3 marks []

- a. _____
- b. _____
- c. _____

13. Mention two factors that may result from vomiting. 2 marks []

- a. _____
- b. _____

14. Mention two psychological effects that may result in people suffering from eating disorders. 1 mark []

- a. _____
- b. _____

15. Find **single words** in the **last paragraph** of the text that mean: 2 marks []

- a. overweight: _____
- b. more at risk: _____
- c. show: _____
- d. happening at the same time: _____

16. List three types of death causes common with anorexia nervosa sufferers. 3 marks []

- a. _____
- b. _____
- c. _____

TEXT B Answer the following questions. 5 marks []

1. What is the most common behaviour that will lead to an eating disorder?

2. What did study conducted by Cornell University find out?

3. How many people suffering from anorexia or bulimia are male?

4. What do 42% of 1st-3rd grade girls want?

5. How many people suffer from eating disorders worldwide?

SECTION C: COMPOSITION

(30 marks)

Write a composition of 250 - 300 words on ONE of the following:

1. Is mobile telephony changing the way we communicate?
2. Write a story ending with the words: “*Absence, I found, does not always make the heart grow fonder.*”
3. You have recently moved into a new house. Write a detailed description of your new home, comparing it to your previous one.
4. An important archaeological site has been vandalized. The newspaper you work for has asked you to cover this incident and to highlight the lack of security at the site. Write the report.