

B. Complete the sentences with the correct form of the verb in brackets. 5 marks []

I remember it as if it was (0) (be) yesterday. It _____ just _____ (1) (start) raining heavily, and my sleep was interrupted by the sound of thunder outside my window. Flashes of lightning lit up my room when suddenly I heard the doorbell ring. I was so surprised that I almost _____(2) (fall) off my bed. I reached out for my torch which lay on my bedside table. With my weapon in hand, I then _____ (3) (pluck) up the courage to get out of bed. I quickly rushed to my parents’ room, and found my father quickly _____ (4) (rub) his eyes, yawning unconvincingly, desperately trying to climb down the stairs cautiously. Like partners in crime, we walked towards the front door and discovered that two policemen in full uniform _____ (5) (stand) right outside our doorstep in the middle of a stormy night in December. We were speechless.

One of the officers gently asked to speak to my father who reluctantly invited them inside. They slowly _____ (6) (inform) us that a burglary had taken place in my father’s jewellery shop in the centre of town. Still in shock, we listened attentively and _____ (7) (attempt) to take it all in. Luckily, passers-by saw the thieves as they _____ (8) (try) to escape before the arrival of the police since the alarm _____ (9) (ring) loudly. Fortunately, they managed to take note of the car number plate and informed the police. A couple of hours later, we found ourselves driving down to the police station because the police officers had successfully caught the thieves. It was a night that I _____ always _____ (10) (remember) but we were so relieved that it all ended well and nobody was injured in this attempted burglary.

C. Fill in the blanks with an appropriate word from the box. The first one has been done for you. 5 marks []

pleasant	much	had	mind	idea
dance	performed	considered	play	forms

Whether you are football crazy or **keen** (0) on tennis, working out to music can improve the co-ordination of your body and _____ (1). The suggestion that rock or pop music might ever _____ (2) a part in sports training would have been _____(3) as a joke not so long ago. But today modern music is increasingly filling the gym as _____ (4) as the front room.

The _____ (5) of exercise to music is not new. For years, especially in Eastern Europe, the benefits of sportsmen and sportswomen _____ (6) instruction in classical dance, with their stress on total body control and balance, have been _____ (7) recognised. Figure-skating and ice-dance are _____ (8) to music and can be said to be specialised _____ (9) of this type of exercise. But ballet and classical dance can be applied to other sports that are also _____ (10) to the eye, such as gymnastics and skiing, both of which demand high standards of balance and co-ordination.

SECTION B: READING COMPREHENSION

(20 marks)

Answer the following questions.

Underline the correct answer in Questions 1 to 7.

1. Binge-eating disorder is found in what percentage of the general population? 1 mark []
 - a. 2%
 - b. 10%
 - c. 15%
 - d. 30%

2. Which of the following consequences do all the eating disorders mentioned in the passage have in common? 1 mark []
 - a. heart ailments.
 - b. high cholesterol.
 - c. swollen joints.
 - d. diabetes.

3. According to the passage, obese individuals also have a higher risk for all of these illnesses except 1 mark []
 - a. gall bladder disease
 - b. heart disease
 - c. some types of cancer
 - d. high cholesterol

4. Which is not a statement about people with eating disorders? 1 mark []
 - a. People with anorexia nervosa commonly have a blood-related deficiency.
 - b. People with anorexia nervosa perceive themselves as obese.
 - c. The female population is the primary group affected by eating disorders.
 - d. Fifty percent of people with bulimia have had anorexia nervosa.

5. People who have an eating disorder but nevertheless appear to be of normal weight are most likely to have 1 mark []
 - a. obsessive-compulsive disorder.
 - b. bulimia nervosa.
 - c. binge-eating disorder.
 - d. anorexia nervosa.

6. According to the passage, which of the following is true of bulimia patients? 1 mark []
- a. They may demonstrate unpredictable social behaviour.
 - b. They often engage in compulsive exercise.
 - c. They are susceptible to dehydration than are anorexia patients.
 - d. They rarely cause severe damage to their bodies.

7. Which of the following represent up to two-thirds of the binge-eating disorder population? 1 mark []
- a. older males
 - b. older females.
 - c. younger males.
 - d. younger females.

8. What do these words refer to in the passage? 1 mark []
- a. disorder (line 6) – _____
 - b. they (line 27) – _____

9. State whether the following statements are **True** or **False** and give a reason. 2 marks []
- a. Many individuals with eating disorders are at risk for suicidal behaviour.

True / False because _____

- b. Bulimia sufferers can often successfully hide their problem for years.

True / False because _____

- c. Individuals with binge-eating disorder are usually not overweight or obese.

True / False because _____

- d. Binge-eating disorder is found in a high percentage of the general population.

True / False because _____

10. Tick (✓) the best title for the whole passage 1 mark []
- a. Bulimia Nervosa – A Study.
 - b. What is Anorexia Nervosa?
 - c. The Origins of Binge-Eating Disorder.
 - d. Eating Disorders Today.

11. List three points to describe how the body slows down in people suffering from anorexia nervosa. 1½ marks []

- a. _____
- b. _____
- c. _____

12. Mention four symptoms that commonly occur in anorexia nervosa. 2 marks []

- a. _____
- b. _____
- c. _____
- d. _____

13. Mention two psychological effects that may result in people suffering from eating disorders. 2 marks []

- a. _____
- b. _____

14. Find **single words** in the **last paragraph** of the text that mean: 2 marks []

- a. obese: _____
- b. amounts: _____
- c. greater: _____
- d. changes: _____

15. List three types of death causes common with anorexia nervosa sufferers. 1½ marks []

- a. _____
- b. _____
- c. _____

SECTION C: LITERATURE

(20 marks)

POETRY SECTION - Read the following poem and then complete the tasks below.

The Fisherman by Abbie Farwell Brown

The fisherman goes out at dawn
When every one's abed,
And from the bottom of the sea
Draws up his daily bread. 5

His life is strange; half on the shore
And half upon the sea –
Not quite a fish, and yet not quite
The same as you and me. 10

The fisherman has curious eyes;
They make you feel so queer,
As if they had seen many things
Of wonder and of fear. 15

They're like the sea on foggy days,
Not grey, nor yet quite blue;
They're like the wondrous tales he tells
Not quite – yet maybe – true. 20

He knows so much of boats and tides,
Of winds and clouds and sky!
But when I tell of city things,
He sniffs and shuts his eye! 25

1. Complete the following sentences with a suitable word about the poem. 5 marks []

The poem *The Fisherman* speaks about the typical _____ of a fisherman whose income depends on the _____ he catches out at sea. He spends _____ of his life on land and the rest of his days at _____. The fisherman has been through various _____. He has seen _____ as well as scary things on other _____. He can tell you all about the sea, sky, _____ and _____ but not much about the _____ way of life!

2. Write down two examples of rhyming pairs. 1 mark []

- a. _____
b. _____

3. Give an example of a simile and include the line number. 1 mark []

4. Give an example of **alliteration** and include the line number. 1 mark []

5. Match the words in Column A to their meanings in Column B. 2 marks []

A		B	
1. dawn	•	•	unusual and strange.
2. queer	•	•	a sound like a snort.
3. sniffs	•	•	another word for amazing.
4. wondrous	•	•	the start of a new day.

PROSE SECTION – Read the following text passage and complete the tasks below.

Ears, Eyes, Legs and Arms

Once, long ago, the different parts of the body weren't all together but went about the world on their own. The ears, the eyes, the legs, and the arms all went about their business, doing what they had to do – ears one way, eyes the other, legs off over there, arms over the other way. 1

On day though, they decided to go out hunting together. The ears, eyes, legs and arms **marched off** to the forest. They walked for seven days before they got there but just as they were getting near, the ears called out, 'Shh, listen! I can hear something!' 5

Immediately the eyes started to search among the trees, and then suddenly they called out, 'There! Look! An antelope! Over there....' 10

The legs set off to chase it, followed closely by the arms. As the legs caught up with the antelope, the arms reached out and killed it.

After a while, the ears and the eyes caught up with their friends. 'What do you want?' said the arms. 'The antelope's ours, we caught it. **Shove off.**'

'No, **come off it,**' said the legs. 'You would never have been able to grab it if it wasn't for us being fast enough to catch up with it.' 15

'Never mind that,' said the eyes. 'We reckon the antelope's ours, because we were the ones who saw it. You wouldn't have known where to go if wasn't for us.'

'All right, all right,' said the ears. 'Who got the whole thing going? Us, of course. We heard the antelope, didn't we? You'd all be sitting around back there if it wasn't for us hearing it move.' 20

Just then a mosquito came by. 'What's the row about? What's all the **fuss** about?' They told it the story.

'Hmm,' said the mosquito, 'This is a tricky one. Very tricky. But listen, there's a **wise** old chief not far from here – why not take the problem to him?' 25

1. **Look for words in bold from the passage and write each one next to its appropriate meaning:** 5 marks []

The word which shows:

intelligence	_____	in line _____
arrogance	_____	in line _____
annoyance	_____	in line _____
defence	_____	in line _____
determination	_____	in line _____

2. **Underline the best word that fits your understanding of the meaning of different parts of the body:** 2 mark []

In the passage...

- a. the parts of the body are a reflection of the different abilities every one of has to offer.
 - b. the parts of the body show competition and a sense hunger because they haven't eaten in a long time.
 - c. the parts of the body act as warriors ready to fight in a war.
3. In your opinion why do you think that the mosquito suggests that they speak to the "wise old chief" (1.25)? 1 ½ mark []
- _____
- _____
4. What does their decision to follow the mosquito's suggestion tell you about the way they look at this insect? 1 ½ mark []
- _____
- _____

SECTION D: COMPOSITION

(25 marks)

Write between 180 and 200 words on ONE of the following:

1. Write a story ending with the words: "Actions speak louder than words."
2. You were sunbathing on the beach when you noticed a crowd gathering at the edge of the water. When you approached the crowd you realised that..... Describe what happened.
3. Your Australian cousin may be coming to continue her education in Malta. Write her a letter describing the teaching in your school and the examinations she would take at the completion of the secondary school.
4. Write a description of your dream car.